

# Bible Journey Discussion Guide

This Bible Journey Discussion Guide gives adults and teens the big 30,000-foot overview of Scripture, with apologetics-infused discussion points during twelve sessions of 30-60 minutes each. Choose what you want to include for each session, based on the makeup of your group and how long your group meets. Attendees read one chapter from the *The 10 Minute Bible Journey* each weekday as their personal daily devotions during the 12-week study. They come together weekly to discuss highlights and insights while discovering answers to exciting questions many have never considered before. (Teacher/Facilitator is encouraged to view the included DVD as background.)

## 10 Minute Bible Journey Pack includes:

- Book, *The 10 Minute Bible Journey* (hardcover)
- Poster, From Creation to Forever—A Timeline of Biblical History (inside back of *The 10 Minute Bible Journey*)
- DVD, 7 C's of History (featuring Bodie Hodge)
- Book, *Begin* (softcover)
- Bible Journey Discussion Guide



## Before Session 1

Encourage group members to get their own print or eBook version of *The 10 Minute Bible Journey* at least a week before your first meeting. Ask everyone to read and be ready to discuss highlights from the Introduction and accounts 1–3 plus the “Angels” bonus chapter.

## Session 1

Open with a brief prayer for understanding and a newfound passion for God’s direction through his Word, the Bible. Express excitement about this study and ask for God’s blessing on all the group members as they come together and strive to understand the big picture of Scripture. Then summarize and lead a discussion of accounts 1–3 and the “Angels” bonus chapter in *The 10 Minute Bible Journey*. Show the From Creation to Forever—A Timeline of Biblical History removable chart at the back of *The 10 Minute Bible Journey* printed version book. Emphasize the difference in the physical and spiritual world before and after the fall (perfect before, cursed after). Follow along on the chart as you explain that although God created perfection, Adam’s disobedience brought sin, suffering, and death. Allow group members to explore their own questions and discoveries, or choose from those listed on page 186 of the *The 10 Minute Bible Journey*.

### Optional song

If your group includes children, consider singing along with Buddy Davis’ “Seven C’s of History,” which is available free at [www.youtube.com/watch?v=NFHyl0L8H2Y](http://www.youtube.com/watch?v=NFHyl0L8H2Y). The CD and Creation Musical Adventures Songbook are available for purchase at [AnswersBookstore.com](http://AnswersBookstore.com).

### Optional memorization challenge

Encourage group members to memorize one of the key verses at the end of account 4, 5, 6, or 7. Briefly share ideas for how to make memorizing easier, such as writing the verse on a 3x5 card and referring to it throughout the week.

### Assignment

Instruct group members to read accounts 4–7 and the “A Rapid Ice Age?” bonus chapter, and be ready to discuss them at the next session. Group members should treat each chapter as a separate daily devotional throughout the coming week. Because only brief highlights can be discussed during the group meeting time, emphasize the importance of reading each chapter thoroughly during the week. In preparation for the next lesson, view the Creation and Corruption portions of the 7 C’s of History DVD. You may wish to have group members view the video found at <https://answersingenesi.org/media/video/bible/7-cs-of-history>.

## Session 2

Discuss accounts 4–7 and the “A Rapid Ice Age?” bonus chapter. Allow group members to explore their own questions and discoveries, or choose from those listed on page 186 of the *The 10 Minute Bible Journey*.

### Optional experiment

Add excitement by performing an easy science experiment! First, ask how quickly an ice age can occur and allow answers. Briefly discuss evaporative cooling ([answersingenesi.org/environmental-science/ice-age/was-there-an-ice-age](http://answersingenesi.org/environmental-science/ice-age/was-there-an-ice-age)).

Demonstrate how water can suddenly turn to ice given the right conditions by performing this experiment: [www.bbc.co.uk/science/0/23065582](http://www.bbc.co.uk/science/0/23065582). Note that God created nature with laws and the ice age is a natural consequence of the laws that God has put in place. This is an example of how water behaves because God has created it with special properties.

### **Optional memorization challenge**

If anyone memorized a key verse, offer an opportunity to recite it. Encourage those who attempted to recite a verse and challenge the group to memorize one of the key verses from account 8, 9, 10, 11, 12, or 13.

### **Assignment**

Instruct group members to read and be ready to discuss accounts 8–13. View the third C, Confusion, in the 7 C's of History DVD. You may wish to have group members view the video found at <https://answersingenesis.org/media/video/bible/7-cs-of-history>.

## **Session 3**

Discuss accounts 8–13. Allow group members to explore their own questions and discoveries (some will likely want to discuss the tower of babel, Lot, and Isaac accounts), or choose from those listed on page 186 of the *The 10 Minute Bible Journey*.

### **Optional memorization challenge**

If anyone memorized a key verse, offer an opportunity to recite it. Encourage those who attempted to recite a verse and challenge the group to memorize one of the key verses from account 14, 15, 16, 17, or 18.

### **Assignment**

Instruct group members to read and be ready to discuss accounts 14–18. Before the next session, be prepared to point out Joseph, Job, and Moses on the Creation to Forever Timeline poster.

## **Session 4**

Discuss accounts 14–18. Don't forget to point out the key characters on the Creation to Forever Timeline poster. A lot of exciting events took place in the approximately four hundred years covered in these accounts, and most people will find details in the readings that are new to them. Allow group members to explore their own questions and discoveries, or choose from those listed on page 186 of *The 10 Minute Bible Journey*.

### **Optional discussion**

Allow group members to discuss how Joseph and Moses may be symbols of Jesus. A quick online search will prepare you with numerous ideas of similarities between Joseph, Moses, and Jesus.

### **Optional memorization challenge**

If anyone memorized a key verse, offer an opportunity to recite it. Encourage those who attempted to recite a verse and challenge the group to memorize one of the key verses from account 19, 20, 21, 22, or 23.

### **Assignment**

Instruct group members to read and be ready to discuss accounts 19–23.

## **Session 5**

Discuss accounts 19–23. Allow group members to explore their own questions and discoveries, or choose from those listed on page 186 of *The 10 Minute Bible Journey*. Because the Deborah account (23) can be especially hard for some in today's culture, study the endnotes before the session.

### **Optional video**

This animated video from Ray Comfort ([www.youtube.com/watch?v=9K4q22kMzm4](http://www.youtube.com/watch?v=9K4q22kMzm4)) is great for all ages and offers secrets that may help in memorizing the Ten Commandments. After watching as a group, email the link to everyone so they can review it at home.

### **Optional cakewalk game**

Write the title of each account on a slip of paper and place in a container. Copy the pictures that correspond to each of the first 22 accounts, write the account number on the back, and laminate. Lay out pictures in order in a big circle on the ground. Kids walk around the circle as music (such as "Joshua Fought the Battle of Jericho") is played. When the music stops, children move to the nearest picture—one child per picture. Leader pulls an account title from the container and the child standing on that picture wins a prize. The process is repeated for a certain amount of time or until prizes run out.

### **Optional memorization challenge**

If anyone memorized a key verse, offer an opportunity to recite it. Encourage those who attempted to recite a verse and challenge the group to memorize one of the key verses from account 24, 25, 26, or 27.

### **Assignment**

Instruct group members to read and be ready to discuss accounts 24–27 and "The Problem of Polygamy" bonus chapter.

## Session 6

Discuss accounts 24–27 and “The Problem of Polygamy” bonus chapter. Allow group members to explore their own questions and discoveries, or choose from those listed on page 186 of the *The 10 Minute Bible Journey*.

### Optional timeline focus

On the From Creation to Forever timeline, show that the Ruth account occurred around 1165 BC, near the middle of the poster. Discuss how the lesson in Ruth is central to the gospel. Ruth was once Moabite, but she was adopted into the family of God. She is part of the lineage of Jesus. God accepts all who come to him.

### Optional memorization challenge

If anyone memorized a key verse, offer an opportunity to recite it. Encourage those who attempted to recite a verse and challenge the group to memorize one of the key verses from account 28, 29, 30, 31, or 32.

### Assignment

Instruct group members to read and be ready to discuss accounts 28–32.

## Session 7

Discuss accounts 28–32. Allow group members to explore their own questions and discoveries, or choose from those listed on page 186 of *The 10 Minute Bible Journey*.

### Optional timeline focus

Using the timeline, discuss the young man David fighting the Philistines, how long the Philistines existed, and the Philistine genealogy. Discuss the Sixteen Grandsons of Noah and how groups descended from Canaan have always been opposed to God’s people.

### Optional memorization challenge

If anyone memorized a key verse, offer an opportunity to recite it. Encourage those who attempted to recite a verse and challenge the group to memorize one of the key verses from account 33, 34, 35, 36, or 37.

### Assignment

Instruct group members to read and be ready to discuss accounts 33–37.

## Session 8

Discuss accounts 33–37. These accounts include many interesting details, such as Isaiah preaching naked or Josiah having 4 sons by age 16. Allow group members to explore their own questions and discoveries or choose from those listed on page 186 of *The 10 Minute Bible Journey*.

### Optional craft

If you have kids in your group, consider making paper crowns and asking them what rules they would make if they ruled a kingdom. Discuss whether those rules are good. Discuss how Josiah found the rule book so he didn’t have to guess what was right or wrong anymore and how that made him a great king.

### Optional memorization challenge

If anyone memorized a key verse, offer an opportunity to recite it. Encourage those who attempted to recite a verse and challenge the group to memorize one of the key verses from account 38, 39, 40, or 41.

### Assignment

Instruct group members to read and be ready to discuss accounts 38–41, as well as the “400 Years of Silence” and “A Synchronized Christmas Reading” bonus chapters. View the Christ portion of the 7 C’s of History DVD. You may wish to have group members view the video found at <https://answersingenesis.org/media/video/bible/7-cs-of-history>.

## Session 9

Discuss accounts 38–41, as well as the “400 Years of Silence” and “A Synchronized Christmas Reading” bonus chapters. Allow group members to explore their own questions and discoveries, or choose from those listed on page 186 of *The 10 Minute Bible Journey*.

### Optional discussion

Discuss the virgin birth and how it was the first of many prophecies to be fulfilled by Jesus.

### Optional memorization challenge

If anyone memorized a key verse, offer an opportunity to recite it. Encourage those who attempted to recite a verse and challenge the group to memorize one of the key verses from account 42, 43, or 44.

### Assignment

Instruct group members to read and be ready to discuss accounts 42–44 and the “John the Baptist” bonus chapter.

## Session 10

Discuss accounts 42–44 and the “John the Baptist” bonus chapter. Most Christians have heard little about Jesus’ transfiguration, so review the endnotes for that account (44). Allow group members to explore their own questions and

discoveries, or choose from those listed on page 186 of *The 10 Minute Bible Journey*.

### **Optional memorization challenge**

If anyone memorized a key verse, offer an opportunity to recite it. Encourage those who attempted to recite a verse and challenge the group to memorize one of the key verses from account 45, 46, 47, or 48. If your group has members involved in the memorization challenge, commend them. For some memorization comes easily and for others it is a major task. Yet for both, the rewards last their entire lifetime!

### **Assignment**

Instruct group members to read and be ready to discuss accounts 45–48 and “The Frustrated Pharisees” bonus chapter. View the Cross portion of the 7 C’s of History DVD. You may wish to have group members view the video found at <https://answersingenesis.org/media/video/bible/7-cs-of-history>.

## **Session 11**

Discuss accounts 45–48 and “The Frustrated Pharisees” bonus chapter. Allow group members to explore their own questions and discoveries, or choose from those listed on page 186 of *The 10 Minute Bible Journey*.

### **Chronology review**

As a group, quickly summarize an overview of the history of the Bible and how it relates to the gospel. Keep it moving fast. Set a 10-minute countdown clock. The goal is to give highlights from creation to Pentecost with the participation of everyone in the group. Make it fun!

### **Optional memorization challenge**

If anyone memorized a key verse, offer an opportunity to recite it. Encourage those who attempted to recite a verse and challenge the group to memorize one of the key verses from account 49, 50, 51 or 52.

### **Assignment**

Instruct group members to read and be ready to discuss accounts 49–52 and the “Who Were the 12 Disciples?” bonus chapter. View the Consummation portion of the 7 C’s of History DVD. You may wish to have group members view the video found at <https://answersingenesis.org/media/video/bible/7-cs-of-history>.

## **Session 12**

Discuss accounts 49–52 and the “Who Were the 12 Disciples?” bonus chapter. Allow group members to explore their own questions and discoveries, or choose from those listed on page 186 of *The 10 Minute Bible Journey*.

### **Optional audio**

Listen to or read the transcript of Ken Ham’s 1-minute radio episode, “Would You Die for a Lie?” ([answersingenesis.org/media/audio/answers-with-ken-ham/volume-122/would-you-die-for-a-lie](https://answersingenesis.org/media/audio/answers-with-ken-ham/volume-122/would-you-die-for-a-lie)). Discuss how the disciples’ commitment testifies to the truth.

### **Optional memorization challenge**

If anyone memorized a key verse, offer an opportunity to recite it. Encourage those who attempted to recite a verse.

### **Assignment**

Encourage group members to find a friend or family member and lead them through this 12-week study. Spread the excitement about how easy and fun it can be to get the big picture overview of the Bible! Encourage group members to read through their Bibles using the chronological plan on page 180.

## **Session 13 (optional)**

If you meet every week for 3 full months, you are likely meeting 13 times, not 12. If so, you may want to discuss account 52, “Hope of Heaven,” this week, and end with a celebration time where members are encouraged to talk about how the study has impacted them spiritually. How has their view of God changed? What about their view of the Bible?

### **Review game**

Print out the chapter pictures and see which team can put events in order the quickest.